



SUMMER SCHEDULE - STARTS 8TH JUNE 2009

GOLD/NATIONAL

MONDAY, TUESDAY, THURSDAY, FRIDAY - DOUBLE SESSIONS - 7AM to 9.30AM & 11.30 to 1.30PM

WEDNESDAY - 7AM to 10AM

SATURDAY - 7 to 11AM

SILVER

MON-FRI - 7 to 9.30AM

SATURDAY - 7 to 10AM

BRONZE 2(COACH LERA/KARLEEN)

MON-FRI 9.30 to 11.30AM

BRONZE 1(COACH MISTY)

MON/FRI - 5PM to 6.30PM

BLUE RIBBON 3 (COACH KARLEEN)

MONDAY, WEDNESDAY - 8AM to 9AM

SATURDAY - 10AM to 11AM

BLUE RIBBON 1 & 2

MONDAY, WEDNESDAY, FRIDAY - 5PM to 6PM

PLEASE NOTE:

**BLUE RIBBON 1 & 2/BRONZE 1 - THERE WILL BE MAKE UP PRACTICE ON SATURDAYS
11AM to 12PM**