

Trinity Prep Aquatics

“Last Chance Meet”

February 5-7, 2010

Winter Park, Florida

- Sanctioned By:** Florida Swimming of USA Swimming – # **5018**
- Type of Meet:** 25 Yard Course – All events are timed finals.
- Sponsored By:** Trinity Prep Aquatics, Trinity Preparatory School.
- Location:** Trinity Preparatory School Pool, 5700 Trinity Prep Lane, Winter Park, FL 32792
- Pool Specs:** 10 lane certified 25 yard course with non-turbulent lane lines. Four lanes, 25 yard continuous warm-up/down area plus 5 lanes 34.5m.
- Pool & Timing:** Daktronics timing system and Hy-Tek Computer seeding and scoring will be used. The water depth at the competition meet starting end of the pool is 5 feet, 0 inches, turn end is 4 feet, 0 inches (start end for 25 yard events with no blocks). The GalaxyPro™ light emitting diode (LED) Video Messaging Display by Daktronics set up for a 10 lane scoreboard will be used.
- Dates / Times:**
- Session 1 -** Timed Finals 10 Lanes – Open Events.
Warm-up – 4:00pm; Start – 5:00pm.
 - Session 2 -** Timed Finals 10 Lanes – Open Events.
Warm-up – 8:00 am; Start – 9:00 am.
 - Session 3 -** Timed Finals 10 Lanes – 12 & Under Relay events.
Warm-up – 30 minutes before start; Start – not before 12:30 pm.
 - Session 4 -** Timed Finals 10 Lanes – 12 & Under events.
Start Immediately following Session 3.
 - Session 5 -** Timed Finals 10 Lanes – Open Events
Warm-up – 8:00 am; Start – 9:00 am.
 - Session 6 -** Timed Finals 10 Lanes – 12 & Under Relay events
Warm-up – 30 minutes before start; Start – not before 12:30 pm.
 - Session 7 -** Timed Finals 10 Lanes – 12 & Under events
Start Immediately following Session 6.
- Eligibility:** Open to all current USA Swimming registered athletes and foreign swimmers with proper travel credentials. Entries will close upon receipt of any team's entries that put any one session at the four hour limit.
- Disability:** Swimmers with a disability are welcome to enter this meet. The coach or entry chairperson must alert the meet director, as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.
- Relays:** Each team may enter an unlimited number of relays per event. An athlete may compete in a relay in their age group or in the Open category but not both in that relay event sequence.
- Seeding:** 25 yard times will be used. Conversions may be made using the formula in the current Florida Swimming Handbook.
- Entry Limit:** Five (5) individual events per day. Swimmers over-entered will be considered as entered in the first five (5) individual events of each day.

- Entry Form:** Entries in a Hy-Tek meet entry export file with associated printout should be emailed to rbarron@eschoolsolutions.com. Mailed and hand delivered disks will be accepted. Entries not submitted electronically either through email or diskette will be charged an additional \$50.00 fee. The current USA Swimming registration number must be listed on the hard copy of the meet entries or be in the Hy-Tek meet entry export file. Errors in entries submitted electronically are the responsibility of the applicant. **Submission of electronic entries certifies that all entered swimmers are USA Registered.**
- Entry Deadline:** Monday, February 1, 2010 @ 5:00 pm. Eastern – **Late Entries may be added if the heat sheet has not been printed.** Email entries to rbarron@eschoolsolutions.com
-or-
Mail Entries to: Trinity Prep Aquatics
c/o Rocco Aceto
5700 Trinity Prep Lane
Winter Park, FL 32792
- Entries:** **USE SHORT COURSE YARDS TIMES ONLY FOR ENTRY**
- Entry Fee:** \$7.50 facility fee per swimmer, \$3.00 per individual event and \$5.00 per relay event. **Deck entries are \$10.00 for each event plus the facility fee. Make checks payable to Trinity Prep Aquatics.**
- Deck Entries:** Deck entries are to be submitted to Rich Barron (Computer Desk) no later than 30 minutes prior to the start of each session. The fee for deck entries is \$10.00 per individual event. If the swimmer is not already in the meet, the \$7.50 facility fee is also due. Deck entries will only be placed in empty lanes and heats will not be reseeded for deck entries. Swimmers must still comply with the maximum per session and per day entry limits and other eligibility requirements. Swimmers may not scratch an event to deck enter a new event. Proof of USA Swimming registration must be met.
- Distance Events:** The 1000 Free is limited to the fastest 50 combined male/female entries and will be swum as timed finals Fastest to Slowest combined sexes. Remaining entries will not be refunded. **Positive Check in is required. If not scratched and swimmer does not show up, the swimmer will be barred from their next event.**
- Officials:** *Meet Manager:* Rocco Aceto *Starter:* Chuck Travers
Head Referee: Jeff Wright *Head Marshall:* Rocco Aceto
Stroke and Turn: Amy Mitchell, Dorlinda House
- * TPA welcomes the assistance of all certified officials interested in serving at this meet. Please contact us at 321-282-2558 to volunteer to help. Thank you.
- Rules:** Current USA Swimming Rules will govern the meet. "No Recall" starting procedures in effect. Safety rules as outlined by USA Swimming and recommended by the Referee will be in effect. Coaches and Officials shall wear their USA-S registration card in a conspicuous location at all times while on deck.
- Awards:** Individual Events: 1st – 8th Ribbons. Relay events: 1st-3rd.
No awards for the Open/Senior events.
Winner of the male and female Open 1000 will receive **1 Nike Back Pack**
- Concession:** Available All Sessions
- Info Update:** Call Rocco Aceto at 321.282.2558 or check for updates to meet information on the TPA web site. Time Lines and Psyche Sheets will be available the Tuesday prior to the meet at <http://www.tpaswim.org>.
- Coaches:** Rocco Aceto, Anne Marie Stricklin, Kary Goodman, Andrea Georoff, Jessica Miller, Bernie Guenther
- Supervision:** Each swimmer participating in a Florida Swimming sanctioned meet must be supervised during warm-up and competition by a current Coach member of USA Swimming. An unattached athlete or an athlete not escorted by a Coach member must check in with the Meet Referee upon arrival at the meet. Such athletes must find a substitute Coach who will supervise him/her during warm-up and competition and must submit the enclosed Alternate Coaches Form (signed) to the Meet Referee.
- CONDITION OF SANCTION:** The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

Session 5				
Sunday AM Warmups: 8:00am, Start: 9:00am				
Event No		Age Group	Stroke	Codes
47	48	Open	100 Back	T
49	50	Open	100 Breast	T
51	52	Open	100 Fly	T
53	54	Open	100 Free	T
55	56	Open	200 Back	T
57	58	Open	200 Breast	T
59	60	Open	200 Fly	T
61	62	Open	200 Free	T
63	64	Open	50 Back	T
65	66	Open	50 Breast	T
67	68	Open	50 Fly	T
69	70	Open	50 Free	T

Session 6				
Sunday PM Start not before 12:30pm, 30 Minute warm-up				
Event No		Age Group	Stroke	Codes
71	72	12U	200 Medley Relay	T
73	74	10U	200 Medley Relay	T
75	76	8U	100 Medley Relay	T

Session 7				
Sunday PM Start Immediately Following Session 6				
Event No		Age Group	Stroke	Codes
77	78	11-12	50 Breast	T
79	80	9-10	50 Breast	T
81	82	8U	25 Breast	T
83	84	11-12	100 Free	T
85	86	9-10	100 Free	T
87	88	8U	50 Free	T
89	90	11-12	50 Back	T
91	92	9-10	50 Back	T
93	94	8U	25 Back	T
95	96	11-12	100 Fly	T
97	98	9-10	100 Fly	T
99	100	8U	50 Fly	T
101	102	11-12	100 IM	T
103	104	9-10	100 IM	T
105	106	11-12	200 Free	T

- Odd Numbered Events are Female events and Even Numbered Events are Male Events.
- Positive Check-in events: Positive Check in for events closes 30 minutes prior to the start of the meet.
- A timeline estimate will be available at www.tpaswim.org after entries are complete.

TRINITY PREP AQUATICS
Alternate Coaches Form
February 5-7, 2010

The following swimmers are entered in the meet and are attending without a coach.

Swimmer's Name	USA #	Team	Age

I am a certified coach of USA Swimming in good standing and I agree to coach the above named swimmer(s) during all warm-ups and competitions in which they participate associated with this meet.

Signature

Print Name _____

Coaches Team _____